



David Bartholomew is a **Certified Handwriting Consultant/Graphotherapist**, trained under Vimala Rodgers at her **Institute of Integral Handwriting Studies**. He is also well-versed in **emotional release work** of different types, **core shamanism**, **energy work**, **body work** and a number of other healing modalities.

Additionally, David is the originator of the **One World Flag**, an International Symbol of Diversity "Honoring the Talents, Abilities, and Uniqueness in Each of Us, as Strengths that May Benefit All of Us"; and **writer/producer/director** of two videos on the Vimala Rodgers handwriting system.

David creates a safe space out of which the needs of the client may be best served.

"You owe it to yourself... to free yourself... from everything that stands between you and your joy in life. To-date I have found this system to be one of the best tools in achieving this!" -- David Bartholomew

WORKSHOPS
CONSULTATIONS
INSTRUCTIONAL VIDEOS
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**WHAT DOES YOUR
HANDWRITING
SAY ABOUT YOU?**

CHANGE
YOUR
HANDWRITING,
CREATE
YOUR
FUTURE

WORKSHOPS, CONSULTATIONS AND
INSTRUCTIONAL VIDEOS
BY DAVID BARTHLOMEW.

What is Graphotherapy?

Our handwriting is as unique as our fingerprint, and a graphic representation of who we are... that reflects and reinforces our personality and attitudes. But where fingerprints don't change, our handwriting can. That's graphotherapy!

This system-- has removed all strokes that reinforce attitudes of fear and negative self-talk, and replaced them with the simplified stroke patterns that give the writer permission to acknowledge their talents and abilities, and share them with others.

Do you find yourself--

- * procrastinating?
- * indecisive?
- * overwhelmed?
- * cut off from your joy and creativity?
- * in a job or relationship that no longer suits you?

Through this work you will be supported in accessing your dreams, and peeling away the layers between you and who you are committed to be.

You will learn letter formations that will help you to: **communicate clearly *acknowledge your self worth *jumpstart creativity *increase your willingness to risk *forge new relationships *and embrace a brighter future.*

What's wrong with the way I learned to write?

Have you noticed that you don't write the way you learned? That's because most of us learned systems out of the late 1800's, when self expression was at a premium, values were rigid, and everyone was expected to write exactly the same! *No wonder we resist!*

How do I know this is for me?

You can feel it! You practice the new form. You feel the changes occurring-- **visceral, powerful changes.**

Still don't believe it?

Take the test provided elsewhere in this brochure. Then consider-- What is it that you wish to shift in your life?

What students and clients are saying about this work:

"I experienced a sense of a lot of opening and honoring of self... paving the way for my future projects." -- Y.V.

"I'm a work of art, as we all are; and the way the ink now flows from my pen is finally expressing this." --S.S.

"... my handwriting continues to live with me everytime I write... I deeply appreciate the consciousness that you brought to my writing and my life." -- G.O.

"Thank you for helping me remember who I am." --K.B.

Private Sessions

One-on-one private sessions are available in person, or over the phone (with handwriting sample received via the mail) for \$125/hr. Sessions last approx. 1 hr. For best results 3-4 sessions, 30-40 days apart is suggested.

My Philosophy

I strive to quickly give you the tools to reclaim your personal power, honor your own intuition and begin taking yourself through your own process. In this way we may each support each other from our strength, and call upon one another when in need.

Support Materials

Workshops include course handouts. Also available - two professionally produced videos on the Vimala Rodgers Handwriting System and featuring Vimala herself: *"Change Your Handwriting, Create Your Future: 40 Days to Accessing Your Dreams"* and *"The Vimala Rodgers Handwriting System: An Introductory Course for Teachers"*. Please call 913/579-7203; david@oneworldflag.org; or visit our website for more information:

www.hyphenate.org/pages/althealing.html.

Next Scheduled Workshops:

<u>Date</u>	<u>City</u>	<u>Contact Number</u>
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(if none listed, please call for info)

Take this Revealing Test:

- Grab something to write with and play along!
- Write a couple of paragraphs on anything that is on your mind right now. Then sign it.
 - Answer the following in relation to what you have written.
 - Then take time to attempt the suggested or implied variations, and see how they feel!

Q: In your handwriting, do you generally-- print? Perhaps in all capitals?

A: If so, then a part of you has discovered that less can be discerned about us when we print than when we use cursive script; and is perhaps overly protecting you from experiencing closeness with others.

Q: Do you consistently choose to use a pencil over a pen? Write with extremely light pressure?

A: This can equate to a failure to commit. Combined with a fear of fully showing up.

Q: Are there many loops and clutter in your a's, o's, d's, g's, q's, and p's? Is there a consistent hook, loop or jag jutting down from the top of your c's?

A: These can contribute to our inability to communicate clearly who we are for others, who they are for us... and to what degree we trust that we can relate with others.

Q: Do your v's have round instead of pointed bottom? Do you write without ever picking up the pen and allowing natural breaks to occur?

A: Then you might find yourself making the wrong choices in life... and not following your intuition often enough.

Q: Are your f's missing an upper loop? Are your t's crossed very low?

A: These strokes may indicate someone who is good at doing for others, but less so at "going for it" in their own life.

Q: Is your name legible? Have you crossed out or drawn through any of it?

A: Your name is your declaration to the world-- "This is who I am." If it can't be read, or is being crossed out or negated, chances are people aren't experiencing you in your largest sense.

Q: In answering these questions and attempting variations, was there any place that you could feel resistance or awkwardness in altering the letter formations?

A: Resistance to changing a letter is actually resistance to the change the letter represents. You may have already discovered that you don't have to take anyone's word for it that this system works. You can feel it for yourself that this system works. You can feel it for yourself!